



# **BI 013: HUMAN ANATOMY AND PHYSIOLOGY I**

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### Originator

msilveira

#### Justification / Rationale

Update SLOs

#### **Effective Term**

Fall 2019

#### **Credit Status**

Credit - Degree Applicable

#### **Subject**

BI - Biology

#### **Course Number**

013

#### **Full Course Title**

Human Anatomy and Physiology I

#### **Short Title**

**ANAT & PHYS I** 

### **Discipline**

### **Disciplines List**

**Biological Sciences** 

#### Modality

Face-to-Face

### **Catalog Description**

This course involves an integrated study of human body organization and function. Topics include anatomical terminology, cells and tissues, the integumentary system, the skeletal system, articulations, the muscular system, the nervous system, and special senses. This is the first part of a two-course sequence that studies the fundamental concepts of anatomy and physiology and provides a foundation for advanced study of the human body. Both BI 013 and BI 014 must be taken to study all of the major body systems. This two-course sequence is designed to meet the prerequisites for health professional programs, e.g. nursing, physical therapy.

### **Schedule Description**

First of a two course sequence that offers an in depth study of the human body. This course covers anatomical terminology, cells and tissues, the integumentary system, the skeletal system, articulations, the muscular system, the nervous system and special senses. Prerequisite: MATH 054 Advisory: ENG 061 IGETC: 5B, 5C

#### **Lecture Units**

3

### **Lecture Semester Hours**

54

#### **Lab Units**

1

### **Lab Semester Hours**

54

### In-class Hours

108



### **Out-of-class Hours**

108

**Total Course Units** 

4

**Total Semester Hours** 

216

### Prerequisite Course(s)

**MATH 054** 

Advisory: ENG 061

# **Required Text and Other Instructional Materials**

### **Resource Type**

Book

### **Author**

Elaine N. Marieb and Katja Hoehn

### Title

**Human Anatomy and Physiology** 

### **Edition**

11th

### City

San Francisco

### **Publisher**

Pearson

#### Year

2019

### **College Level**

Yes

### Flesch-Kincaid Level

12

### ISBN#

9780134580999

### **Resource Type**

Book

### Author

Alexa Sawa

### Title

Anatomy Physiology 01 (CUSTOM) (College of Desert)

### City

San Francisco

### **Publisher**

Pearson

### Year

2016



### **College Level**

Yes

#### Flesch-Kincaid Level

12

#### ISBN#

9781323357873

#### **Class Size Maximum**

28

#### **Entrance Skills**

Demonstrate the ability to add, subtract, multiply and divide algebraic expressions.

#### **Requisite Course Objectives**

MATH 054-Understand the concepts of variables and how variables can be used to represent an unknown quantity or a range of quantities.

MATH 054-Use variables to create algebraic expressions that model quantities in an application problem.

#### **Entrance Skills**

Understand and employ exponent rules and scientific notation in scientific calculations.

#### **Requisite Course Objectives**

MATH 054-Use the properties of integer exponents to simplify algebraic expressions, including expressions involving scientific notation.

#### **Entrance Skills**

Demonstrate an awareness of critical thinking skills in oral and written communication.

### **Requisite Course Objectives**

ENG 061-Demonstrate the ability to think critically and express ideas using various patterns of development.

#### **Entrance Skills**

Demonstrate the ability to construct focused theses on essay exams.

### **Requisite Course Objectives**

ENG 061-Use theses to organize paragraphs into coherent analyses.

ENG 061-Demonstrate the ability to read and respond in writing beyond the literal interpretation of the text.

#### **Entrance Skills**

Exhibit proficiency in correct usage of grammar, punctuation and mechanics in all composition and essays.

### **Requisite Course Objectives**

ENG 061-Use theses to organize paragraphs into coherent analyses.

ENG 061-Recognize features of style such as purpose, audience and tone integrate these elements into academic and professional writing.

ENG 061-Demonstrate the ability to read and respond in writing beyond the literal interpretation of the text.

### **Course Content**

- 1. Anatomical regions, positions and terminology.
- 2. Overview of levels of body organization.
- 3. Overview of chemical principles including ions, acid-base chemistry and organic compounds.
- 4. Overview of structure and function of biological polymers.



- 5. Cell structure and function.
- 6. Organization and structure of tissue types.
- 7. Structure and function of the Integumentary system.
- 8. Microscopic and gross anatomy of the skeletal system.
- 9. Articulations and joint movements.
- 10. Microscopic and gross anatomy of the muscular system.
- 11. Physiology of muscle tissue.
- 12. Structure and function of nervous tissue.
- 13. Structure and function of the central nervous system.
- 14. Structure and function of the peripheral nervous system.
- 15. Autonomic nervous system activity.
- 16. Structure and function of the eye and ear.

### **Lab Content**

- 1. Body tissues.
- 2. Axial skeleton.
- 3. Appendicular skeleton.
- 4. Joints of the body.
- 5. Gross anatomy of skeletal muscles.
- 6. Electromyogram.
- 7. Electroencephalogram.
- 8. Spinal nerves and cranial nerves.
- 9. Gross anatomy of the brain.
- 10. Reflexes.
- 11. Gross anatomy of the eye and ear.
- 12. Hearing tests.

### **Course Objectives**

	Objectives
Objective 3	•
Objective 1	Use appropriate anatomical and physiological terminology in discussing principles and relationships.
Objective 2	Properly operate a compound light microscope.
Objective 3	Discuss basic chemical principles as they relate to anatomy and physiology. A thorough discussion would include topics such as ions, organic and inorganic compounds, biological polymers and acid-base chemistry.
Objective 4	Identify cellular structures and explain the function of cellular structures and cellular transport processes.
Objective 5	Compare and contrast the structure and function of the four basic adult tissue types.
Objective 6	Explain the structure of skin, including important accessory structures.
Objective 7	Explain the structure and function of bone at a chemical, microscopic, and macroscopic level.
Objective 8	Explain bone formation, growth, and repair.
Objective 9	Identify all of the bones of the body and their major markings.
Objective 10	Compare and contrast the structure and function of skeletal, cardiac, and smooth muscle.
Objective 11	Explain skeletal muscle contraction from the events associated with the somatic motor neuron through the recocking of the myosin heads.
Objective 12	Identify the major muscles of the body and state their points of attachment and actions.
Objective 13	Explain the structure and function of the eye and the ear.
Objective 14	Explain and identify basic clinical disorders, diseases, and applications, associated with each topic.
Objective 15	Integrate principles from different systems and critically evaluate clinical problems.

### **Student Learning Outcomes**

Upon satisfactory completion of this course, students will be able to:		
Outcome 1	Apply proper terminology used to describe the structure and function of the human cell and human body.	
Outcome 2	Describe how the anatomical structures influence the functions of the integumentary system.	



Outcome 3 Identify and describe the parts of the musculoskeletal system.

Outcome 4 Identify and describe the anatomical structures of the nervous system and explain its function.

### **Methods of Instruction**

Method	Please provide a description or examples of how each instructional method will be used in this course.
Lecture	Use of the white board for lecture notes with some Powerpoint slides. Multimedia presentations of biological phenomena.
Laboratory	Use of microscopes to view slides of human tissues. Study of bones and various models. Use of BIOPAC to collect data related to human body function. Disseaction of animal organs such as the brain and eye.

#### **Methods of Evaluation**

Method	Please provide a description or examples of how each evaluation method will be used in this course.	Type of Assignment
Written homework	Students will apply and analyze concepts from the course in additional assignments that can include short answers or multiple choice questions.	Out of Class Only
Laboratory projects	Students will complete worksheets where interpret and paraphrase data.	In and Out of Class
Tests/Quizzes/Examinations	Exams and quizzes will require students to identify important concepts, facts, and structures. They will also be asked to describe topics.	In Class Only
Group activity participation/observation	Students will work together to construct study methods and use them in groups.	In Class Only

#### **Assignments**

### Other In-class Assignments

- 1. Lecture exams consisting of multiple choice, true/false and essay questions.
- 2. Quizzes.
- 3. Laboratory exams with labeled specimens.
- 4. Laboratory data sheets.
- 5. Directed dissections.

### Other Out-of-class Assignments

- 1. Short answer homework assignments.
- 2. Laboratory exercise review sheets.
- 3. Reading assignments in the class textbook.
- 4. Sample exams from previous semesters.

### **Grade Methods**

Letter Grade Only

#### **COD GE**

C1 - Natural Sciences

### **CSU GE**

B2 - Life Science

**B3** - Laboratory Activity

### **IGETC GE**

5B - Biological Science

5C - Science Laboratory



### **MIS Course Data**

#### **CIP Code**

26.0101 - Biology/Biological Sciences, General.

### **TOP Code**

040100 - Biology, General

### **SAM Code**

E - Non-Occupational

### **Basic Skills Status**

Not Basic Skills

### **Prior College Level**

Not applicable

### **Cooperative Work Experience**

Not a Coop Course

### **Course Classification Status**

**Credit Course** 

### **Approved Special Class**

Not special class

### **Noncredit Category**

Not Applicable, Credit Course

### **Funding Agency Category**

Not Applicable

### **Program Status**

Program Applicable

### **Transfer Status**

Transferable to both UC and CSU

C-ID

BIOL 115BS

### **Allow Audit**

No

### Repeatability

No

### **Materials Fee**

No

### **Additional Fees?**

No

### **Approvals**

### **Curriculum Committee Approval Date**

3/21/2019

### **Academic Senate Approval Date**

3/28/2019



# **Board of Trustees Approval Date**

5/17/2019

### **Course Control Number**

CCC000383600

### Programs referencing this course

Anthropology AA-T Degree (http://catalog.collegeofthedesert.eduundefined?key=14/)
Liberal Arts: Math and Science AA Degree (http://catalog.collegeofthedesert.eduundefined?key=29/)
Public Health Science AS-T Degree (http://catalog.collegeofthedesert.eduundefined?key=37/)
Health Science AS Degree (http://catalog.collegeofthedesert.eduundefined?key=65/)
Kinesiology AA-T Degree (http://catalog.collegeofthedesert.eduundefined?key=8/)