

HS 071: STRATEGIES FOR SUCCESS/NURSING PROGRAM

Originator

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Justification / Rationale

Since the Covid pandemic it has been realized this course can be successfully offered using different modalities. This course can be offered online and as a hybrid to reach as many students as possible.

Effective Term

Spring 2023

Credit Status

Credit - Non Degree Applicable

Subject

HS - Health Sciences

Course Number

071

Full Course Title

Strategies for Success/Nursing Program

Short Title

SUCCESS IN NURSING

Discipline**Disciplines List**

Nursing

Modality

Face-to-Face

100% Online

Hybrid

Catalog Description

This course is designed to prepare students for the successful completion of any undergraduate nursing program. Students will be given an overview of nursing program requirements and expectations and they will acquire information and skills that facilitate student success once admitted into a program. Students will also explore nursing career options, which will guide the development of their educational plan.

Schedule Description

This course is designed to help students, who are considering a career in nursing, acquire the information and skills necessary to successfully complete a nursing program.

Lecture Units

2

Lecture Semester Hours

36

Lab Units

0

In-class Hours

36

Out-of-class Hours

72

Total Course Units

2

Total Semester Hours

108

For Text greater than five years old, list rationale:

No textbook for this course

Class Size Maximum

45

Course Content

Unit 1: Discover Nursing

Nursing Today

Challenges future nurses face

Exploring Career Options

The Future of Nursing

How do Health care trends affect Nursing?

Educational Requirements of Healthcare Careers

Pre-requisites

Policies & Procedures

Program Expectations

Nursing Program Overview

Unit 2: Professional Skills for the Healthcare Workforce

Communication & Problem Solving

Emotional Intelligence

Social graces

Listening skills

Effectively giving & receiving feedback

Conflict resolution

Critical thinking & sound judgment in Nursing

Compassion & Diversity

Mutual respect

Cultural Professionalism & Competency

Empathy & Caring Behaviors

Self-Reflection

Ethics & Professionalism

Integrity

The 4 A's

Ethics & Professionalism

Values Clarification

Ethics in Healthcare & HIPAA

Collaboration & Teamwork

Collaboration and interdisciplinary approach

Collaborative learning

Unit 3: Nursing Student Development

Academic strategies for success

Textbook strategies & managing reading assignments

Note taking

Academic strategies for success

Time management

Campus resources

Personal strategies for success
 Academic goals & Career Planning
 Personal strategies for success
 Prioritization
 Managing stress
 Self-esteem
 Coping with crisis & failure
 Developing internal & external resources

Course Objectives

Objectives	
Objective 1	Identify various aspects and careers within the nursing field.
Objective 2	Discuss academic strategies for success in a nursing program.
Objective 3	Demonstrate professional and social skills.
Objective 4	Develop and practice basic study skills strategies that improve performance.
Objective 5	Identify strategies for planning, time management, goal setting, and stress reduction.
Objective 6	Evaluate characteristics in the development of professional conduct.
Objective 7	Develop short and long term academic, career, and personal goals.
Objective 8	Discuss personal strategies for success in a nursing program.

Student Learning Outcomes

Upon satisfactory completion of this course, students will be able to:	
Outcome 1	Explain how various study strategies facilitate the successful completion of a nursing program.
Outcome 2	Discuss healthy coping mechanisms, which can be implemented in the nursing program and upon entering a professional nursing career.
Outcome 3	Demonstrate transferable (soft) skills for a successful career in the nursing field.

Methods of Instruction

Method	Please provide a description or examples of how each instructional method will be used in this course.
Role Playing	Skits or demonstrations of behaviors
Discussion	Small and Large group discussions
Collaborative/Team	Group Presentations
Activity	Case studies
Journal	Self-reflection journaling
Self-exploration	Reflection, application of soft skills, career workshop, self-assessments, personal inventories

Methods of Evaluation

Method	Please provide a description or examples of how each evaluation method will be used in this course.	Type of Assignment
Portfolios	Resource portfolio	In and Out of Class
Behavior assessment	Subjective assessment of professional behavior using behavior rubric	In and Out of Class
Presentations/student demonstration observations	Presentation on nursing careers	In and Out of Class
Group activity participation/observation	Subjective assessment of collaborative behavior using behavior rubric	In Class Only
Guided/unguided journals	Journal prompts for self-reflection and exploration	In and Out of Class
Self/peer assessment and portfolio evaluation	Self assessment tests and inventories	In and Out of Class
Written homework	Case studies, career research	In and Out of Class
Tests/Quizzes/Examinations	To demonstrate application of study skills	In Class Only

Student participation/contribution

Subjective assessment of participation and contribution to class topics demonstrating soft skills

In Class Only

Assignments

Other In-class Assignments

1. Guest speakers
2. Presentation by students
3. Small and large group discussion
4. Role playing
5. Self-assessments/inventories
6. Journaling
7. Career guidance workshop

Other Out-of-class Assignments

1. Journaling/self-reflection
2. Develop personal time schedule
3. Complete study skills-oriented assignments
4. Campus resources "scavenger hunt"
5. Self-assessments
6. Personality inventories
7. The above are examples of the weekly homework assigned in the course

Grade Methods

Letter Grade Only

Distance Education Checklist

Include the percentage of online and on-campus instruction you anticipate.

Instructional Materials and Resources

If you use any other technologies in addition to the college LMS, what other technologies will you use and how are you ensuring student data security?

The college LMS system will be the source of contact with the students for the online course.

If used, explain how specific materials and resources outside the LMS will be used to enhance student learning.

N/A

Effective Student/Faculty Contact

Which of the following methods of regular, timely, and effective student/faculty contact will be used in this course?

Within Course Management System:

Chat room/instant messaging
Discussion forums with substantive instructor participation
Online quizzes and examinations
Private messages
Regular virtual office hours
Timely feedback and return of student work as specified in the syllabus
Video or audio feedback
Weekly announcements

External to Course Management System:

Direct e-mail
E-portfolios/blogs/wikis
Posted audio/video (including YouTube, 3cm mediasolutions, etc.)
Telephone contact/voicemail

Briefly discuss how the selected strategies above will be used to maintain Regular Effective Contact in the course.

Faculty will use discussion posts, assignments, and virtual office hours to maintain regular and frequent contact with students.

If interacting with students outside the LMS, explain how additional interactions with students outside the LMS will enhance student learning.

The LMS system or COD email will be the tools used to interact with students.

Other Information

Provide any other relevant information that will help the Curriculum Committee assess the viability of offering this course in an online or hybrid modality.

This course is an engaging course that requires group discussions and self evaluations, self assessments, and self reflection. The college LMS system supports the assignments and methods of instruction for this course.

MIS Course Data

CIP Code

51.9999 - Health Professions and Related Clinical Sciences, Other.

TOP Code

129900 - Other Health Occupations

SAM Code

D - Possibly Occupational

Basic Skills Status

Not Basic Skills

Prior College Level

Not applicable

Cooperative Work Experience

Not a Coop Course

Course Classification Status

Credit Course

Approved Special Class

Not special class

Noncredit Category

Not Applicable, Credit Course

Funding Agency Category

Not Applicable

Program Status

Stand-alone

Transfer Status

Not transferable

General Education Status

Y = Not applicable

Support Course Status

N = Course is not a support course

Allow Audit

No

Repeatability

No

Materials Fee

No

Additional Fees?

No

Approvals**Curriculum Committee Approval Date**

10/20/2022

Academic Senate Approval Date

10/27/2022

Board of Trustees Approval Date

12/16/2022

Chancellor's Office Approval Date

6/15/2020

Course Control Number

CCC000455043