

# KINE 057: FENCING

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**Originator**

wansley

**Co-Contributor(s)****Name(s)**

Taft, Leslie

**Justification / Rationale**

This course is being moved to all lab to benefit learning, more practice time and scheduling for the student.

**Effective Term**

Spring 2022

**Credit Status**

Credit - Degree Applicable

**Subject**

KINE - Kinesiology

**Course Number**

057

**Full Course Title**

Fencing

**Short Title**

FENCING

**Discipline****Disciplines List**

Kinesiology

**Modality**

Face-to-Face

**Catalog Description**

This course provides beginning instruction and performance in fencing skills and body development pertinent to fencing, (with emphasis on saber fencing).

**Schedule Description**

This class provides instruction in fencing.

**Lab Units**

1.0

**Lab Semester Hours**

54

**In-class Hours**

54

**Out-of-class Hours**

0

**Total Course Units**

1

**Total Semester Hours**

54

## Required Text and Other Instructional Materials

### Resource Type

Web/Other

### Description

Prior to the beginning of each class meeting, handouts are distributed to the students explaining the lesson to be learned, which include all technical and tactical aspects of the attack/defense, plus a vocabulary list of all fencing terms with definitions (many fencing terms that are used are in French, the international language of fencing).

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### Resource Type

Instructional Materials

### Description

Handouts pertaining to each lesson will be provided by the instructor as well as tutorial videos for each topic presented.

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### Class Size Maximum

24

### Entrance Skills

There are no entrance skills required.

This is a beginning course and all beginning fencing skills will be presented.

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### Course Content

- a. Fencing Etiquette
- b. The En Garde
- c. How to make an attack
- d. How to defend against an attack

### Lab Content

- a. Salute
- b. En Guard Position
- c. Advance
- d. Retreat
- e. Straight Thrust
- f. Lunge
- g. Advance-Lunge
- h. Parries 2, 3, 4, 5, 6 with Riposte

### Course Objectives

|             | Objectives  |
|-------------|---|
| Objective 1 | Demonstrate the execution of the basic en garde fencing stance.               |
| Objective 2 | Demonstrate how to advance and retreat smoothly.                              |
| Objective 3 | Demonstrate correct technique of the fencing lunge.                           |
| Objective 4 | Demonstrate correct technique of a simple attack.                             |
| Objective 5 | Demonstrate correct technique of the three main parries (mask, chest, flank). |

### Student Learning Outcomes

|           | Upon satisfactory completion of this course, students will be able to:             |
|-----------|--|
| Outcome 1 | Execute the correct body posture for safety and accuracy in techniques of fencing. |

**Methods of Instruction**

| Method                             | Please provide a description or examples of how each instructional method will be used in this course.                                  |
|------------------------------------|---|
| Participation                      | As with repetition and practice, participation, both mentally and physically, is necessary when engaged in learning fencing.            |
| Observation                        | It is most helpful to observe how a fencing move is made. This visual understanding makes for correct physical execution of the action. |
| Lecture                            | Fencing moves and their execution will be presented and discussed.  |
| Discussion                         | Any questions, comments or observations by students will be encouraged and discussed.   |
| Demonstration, Repetition/Practice | In fencing, an action is explained and demonstrated and through repetition and practice becomes automatic.                              |

**Methods of Evaluation**

| Method                             | Please provide a description or examples of how each evaluation method will be used in this course.  | Type of Assignment |
|------------------------------------|--|--------------------|
| Student participation/contribution | The students watch the coach present how to make an action and then follow along with the coach making that action. Then the coach presents how to defend against the action made and the students make the defensive action. Students are then partnered where one student will execute the attack and the other student will execute the defensive action and then the two students are now fencing. | In Class Only      |
| Tests/Quizzes/Examinations         | Rules and etiquette flow from the progression of fencing actions. For each attack or defensive action there is a reason and a fencing rule attached to it. It helps to have quizzes along the way to help remember the rule for the fencing action being used. A cumulative final is given at the end of the semester.   | In Class Only      |

**Assignments**
**Other In-class Assignments**

- a. Class handouts.
- b. Skill practice.
- c. Video observations.

**Other Out-of-class Assignments**

- a. Reading assignments
- b. Class handouts.
- c. Video observations.

**Grade Methods**

Letter Grade Only

**MIS Course Data**
**CIP Code**

31.0501 - Health and Physical Education/Fitness, General.

**TOP Code**

083500 - Physical Education

**SAM Code**

E - Non-Occupational

**Basic Skills Status**

Not Basic Skills

**Prior College Level**

Not applicable

**Cooperative Work Experience**

Not a Coop Course

**Course Classification Status**

Credit Course

**Approved Special Class**

Not special class

**Noncredit Category**

Not Applicable, Credit Course

**Funding Agency Category**

Not Applicable

**Program Status**

Program Applicable

**Transfer Status**

Transfer CSU, limited UC

**General Education Status**

Y = Not applicable

**Support Course Status**

N = Course is not a support course

**Allow Audit**

No

**Repeatability**

No

**Materials Fee**

No

**Additional Fees?**

No

**Approvals****Curriculum Committee Approval Date**

4/6/2021

**Academic Senate Approval Date**

4/22/2021

**Board of Trustees Approval Date**

5/21/2021

**Chancellor's Office Approval Date**

6/30/2021

**Course Control Number**

CCC000166555

**Programs referencing this course**

Kinesiology AA-T Degree (<http://catalog.collegeofthedesert.eduundefined/?key=8>)