

Course Outline of Record

1. Course Code: KINE-064
2.
  - a. Long Course Title: Adapted Tennis
  - b. Short Course Title: ADAPTED TENNIS
3.
  - a. Catalog Course Description:  
Tennis for students with disabilities. Offers instruction and practice in adapted skills, strategies, and rules of tennis designed to meet individual needs.
  - b. Class Schedule Course Description:  
Tennis activity for student with disabilities.
  - c. Semester Cycle (if applicable): N/A
  - d. Name of Approved Program(s):  
    - RECREATION
4. Total Units: 1.00      Total Semester Hrs: 36.00  
 Lecture Units: 0.5      Semester Lecture Hrs: 9.00  
 Lab Units: 0.5      Semester Lab Hrs: 27.00  
 Class Size Maximum: 40      Allow Audit: No  
 Repeatability No Repeats Allowed  
 Justification 0
5. Prerequisite or Corequisite Courses or Advisories:  
*Course with requisite(s) and/or advisory is required to complete Content Review Matrix (CCForm I-A)*  
 Advisory: Designed for students with disabilities
6. Textbooks, Required Reading or Software: (List in APA or MLA format.) N/A
7. Entrance Skills: *Before entering the course students must be able:*  
a. be eligible to take college credit courses.

8. Course Content and Scope:

Lecture:

1. History
2. Rules
3. Strategy
4. Decorum
5. Safety
6. History of adapted tennis
7. Role models of adapted tennis
8. Adapted tennis recreational and competitive opportunities
9. Conditioning strategies
10. Nutritional strategies

Lab: (if the "Lab Hours" is greater than zero this is required)

- a. Handling the Racquet and Preparing to Hit the Ball.
- b. Ground Strokes
- c. The Volley
- d. Serving
- e. Returning the serve
- f. Hitting the Lob.
- g. Overhead Shots: Finishing a Point.
- h. Approach Shots and Drop Shots.

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- i. Singles.
- j. Doubles
- k. Conditioning to include various footwork drills
  
- l. flexibility exercises
  
- m. muscular strength and endurance exercises
- l. Strategies for adapted students
- m. Biomechanical modifications for adapted students

## 9. Course Student Learning Outcomes:

1. Execute the fundamental strokes of tennis with the modifications required to meet their individual capabilities and needs.
2. Appreciate tennis as a sport for individuals with disabilities.
3. Cite and apply the rules for disability tennis.
4. Develop physical fitness.

## 10. Course Objectives: *Upon completion of this course, students will be able to:*

- a. Demonstrate an understanding of the rules of the game; doubles and singles play; and court etiquette.
- b. Perform basic strokes of the sport such as forehand, backhand, volley, and serve.
- c. Display a sportsmanlike attitude.
- d. Develop an appreciation for the game that will enhance their enjoyment as a player and spectator.
- e. Demonstrate an improvement in the level of physical fitness.
- f. Demonstrate an understanding of safety and injury prevention.

## 11. Methods of Instruction: *(Integration: Elements should validate parallel course outline elements)*

- a. Activity
- b. Collaborative/Team
- c. Demonstration, Repetition/Practice
- d. Discussion
- e. Journal
- f. Laboratory
- g. Lecture
- h. Observation
- i. Participation
- j. Self-exploration
- k. Technology-based instruction

### Other Methods:

- a. Guest speakers.
- b. Student reports.
- c. Audio/visual presentations.

## 12. Assignments: *(List samples of specific activities/assignments students are expected to complete both in and outside of class.)*

In Class Hours: 36.00

Outside Class Hours: 18.00

### a. In-class Assignments

- a. Practice skills.
- b. Goal setting
- c. Fitness and skill goal sheets
- d. skill analysis and evaluation by video

### b. Out-of-class Assignments

- a. Reading assignments.
- b. Attend local matches.
- c. Report on televised matches.

- d. Practice skills.
- e. Video viewing and analysis.
- f. Goal setting
- g. Fitness and skill goal sheets
- h. analyzing coaches evaluation

13. Methods of Evaluating Student Progress: *The student will demonstrate proficiency by:*

- Written homework
- Critiques
- Term or research papers
- Reading reports
- Self-paced testing
- Laboratory projects
- Field/physical activity observations
- Presentations/student demonstration observations
- Skill Demonstration
- Group activity participation/observation
- Self/peer assessment and portfolio evaluation
- True/false/multiple choice examinations
- Multiple Choice Exams.
- Student participation/contribution
- Attendance and Participation
- Student preparation

14. Methods of Evaluating: Additional Assesment Information:

15. Need/Purpose/Rationale -- *All courses must meet one or more CCC missions.*

PO-GE C5 – Personal Growth and Development

Exhibit habits of intellectual exploration, personal responsibility, and well being.

IO - Personal and Professional Development

Demonstrate an understanding of ethical issues to make sound judgments and decisions.

16. Comparable Transfer Course

University System	Campus	Course Number	Course Title	Catalog Year
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17. Special Materials and/or Equipment Required of Students:

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18. Materials Fees:  Required Material?

Material or Item	Cost Per Unit	Total Cost
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19. Provide Reasons for the Substantial Modifications or New Course:

periodic review

20. a. Cross-Listed Course (*Enter Course Code*): *N/A*

b. Replacement Course (*Enter original Course Code*): *N/A*

21. Grading Method (*choose one*): Letter Grade Only

22. MIS Course Data Elements

a. Course Control Number [CB00]: CCC000338321

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- b. T.O.P. Code [CB03]: 83580.00 - Adapted Physical Educatio
- c. Credit Status [CB04]: D - Credit - Degree Applicable
- d. Course Transfer Status [CB05]: A = Transfer to UC, CSU
- e. Basic Skills Status [CB08]: 2N = Not basic skills course
- f. Vocational Status [CB09]: Not Occupational
- g. Course Classification [CB11]: Y - Credit Course
- h. Special Class Status [CB13]: S - Approved for Disability
- i. Course CAN Code [CB14]: N/A
- j. Course Prior to College Level [CB21]: Y = Not Applicable
- k. Course Noncredit Category [CB22]: Y - Not Applicable
- l. Funding Agency Category [CB23]: Y = Not Applicable
- m. Program Status [CB24]: 1 = Program Applicable

Name of Approved Program (if program-applicable): RECREATION

*Attach listings of Degree and/or Certificate Programs showing this course as a required or a restricted elective.)*

## 23. Enrollment - Estimate Enrollment

First Year: 0

Third Year: 0

## 24. Resources - Faculty - Discipline and Other Qualifications:

a. Sufficient Faculty Resources: Yes

b. If No, list number of FTE needed to offer this course: N/A

## 25. Additional Equipment and/or Supplies Needed and Source of Funding.

N/A

## 26. Additional Construction or Modification of Existing Classroom Space Needed. (Explain:)

N/A

## 27. FOR NEW OR SUBSTANTIALLY MODIFIED COURSES

Library and/or Learning Resources Present in the Collection are Sufficient to Meet the Need of the Students Enrolled in the Course: Yes

28. Originator Wendy Ansley Origination Date 09/03/15