# COLLEGE OF THE DESERT

## Course Outline of Record

1. Course Code:  KINE-086
2.     a. Long Course Title:  Tennis
       b. Short Course Title:  TENNIS
3.     a. Catalog Course Description:

   This course provides beginning, intermediate, and advanced instruction and practice in skills, strategies, and rules of tennis.

       b. Class Schedule Course Description:

   Tennis activity class.

       c. Semester Cycle (*if applicable*):  *N/A*

       d. Name of Approved Program(s):

   - KINESIOLOGY

4. Total Units:  1.00        Total Semester Hrs:  36.00

   Lecture Units:  0.5        Semester Lecture Hrs:  9.00

   Lab Units:  0.5        Semester Lab Hrs:  27.00

   Class Size Maximum:  40        Allow Audit:  No

   Repeatability  No Repeats Allowed

   Justification  0

5. Prerequisite or Corequisite Courses or Advisories:

   *Course with requisite(s) and/or advisory is required to complete Content Review Matrix (CCForm1-A)*

   *N/A*

6. Textbooks, Required Reading or Software: *(List in APA or MLA format.)*  *N/A*

7. Entrance Skills: *Before entering the course students must be able:*

   a. Be eligible to take college credit courses.

8. Course Content and Scope:

   Lecture:

   | |
   |---|
   | 1. History |
   | 2. Rules |
   | 3. Strategy |
   | 4. Decorum |
   | 5. Safety? |
   | 6. Skill development and design |
   | 7. Agility development for tennis |
   | 8. Muscular endurance and strength development for tennis |

   Lab: *(if the "Lab Hours" is greater than zero this is required)*

   | |
   |---|
   | a. Handling the racquet and preparing to hit the ball. |
   | b. Ground strokes |
   | c. The Volley |
   | d. Serving |
   | e. Returning the serve. |

f. Hitting the lob.

g. Overhead Shots: Finishing a Point.

h. Approach Shots and Drop Shots.

i. Playing singles.

j. Playing doubles.

k. Conditioning

9. Course Student Learning Outcomes:
   1. Execute the fundamental stokes of tennis.
   2. Express an understanding of muscle memory development.
   3. Cite and apply the rules of tennis.
   4. Develop physical fitness.

10. Course Objectives: *Upon completion of this course, students will be able to:*
    a. Recognize and demonstrate correct mechanical techniques of basic tennis skills.
    b. Identify and properly apply the rules and strategies of the sport.
    c. Demonstrate an appreciation of the sport.
    d. Demonstrate an understanding of safety and injury prevention.
    e. Demonstrate character and sportsmanship.
    f. Demonstrate an improved physical fitness level.

11. Methods of Instruction: *(Integration: Elements should validate parallel course outline elements)*
    a. Demonstration, Repetition/Practice
    b. Discussion
    c. Individualized Study
    d. Lecture
    e. Participation
    f. Self-exploration
    Other Methods:
    Guest speakers Student reports Audio/visual presentations

12. Assignments: *(List samples of specific activities/assignments students are expected to complete both in and outside of class.)*
    In Class Hours: 36.00
    Outside Class Hours: 18.00
    a. In-class Assignments
       1. Skill practice
       2. Video viewing and analysis
    b. Out-of-class Assignments
       1. Reading assignments with written report
       2. Skill practice
       3. Video viewing and analysis
       4. Attend local matches

13. Methods of Evaluating Student Progress: *The student will demonstrate proficiency by:*
    • Written homework

- Self-paced testing
- Laboratory projects
- Field/physical activity observations
- Computational/problem solving evaluations
- Self/peer assessment and portfolio evaluation
- True/false/multiple choice examinations
- Student participation/contribution
- Student preparation

14. Methods of Evaluating: Additional Assesment Information:

   a. Essay b. Non-Computational Problem-Solving c. Skill Demonstration d. Multiple Choice Exams e. Attendance and Participation

15. Need/Purpose/Rationale -- *All courses must meet one or more CCC missions.*
   PO-GE C5 – Personal Growth and Development
   Exhibit habits of intellectual exploration, personal responsibility, and well being.
   IO - Personal and Professional Development
   Demonstrate an understanding of ethical issues to make sound judgments and decisions.

16. Comparable Transfer Course

| University System | Campus | Course Number | Course Title | Catalog Year |
| --- | --- | --- | --- | --- |

17. Special Materials and/or Equipment Required of Students:

18. Materials Fees:  ☐ Required Material?

| **Material or Item** | **Cost Per Unit** | **Total Cost** |
| --- | --- | --- |

19. Provide Reasons for the Substantial Modifications or New Course:

   periodic review and course modification

20.   a. Cross-Listed Course *(Enter Course Code)*:  *N/A*
      b. Replacement Course *(Enter original Course Code)*:  *N/A*

21. Grading Method *(choose one)*:  Letter Grade Only

22. MIS Course Data Elements
      a. Course Control Number [CB00]:  CCC000269565
      b. T.O.P. Code [CB03]:  83500.00 - Physical Education
      c. Credit Status [CB04]:  D - Credit - Degree Applicable
      d. Course Transfer Status [CB05]:  A = Transfer to UC, CSU
      e. Basic Skills Status [CB08]:  2N = Not basic skills course
      f. Vocational Status [CB09]:  Not Occupational
      g. Course Classification [CB11]:  Y - Credit Course
      h. Special Class Status [CB13]:  N - Not Special
      i. Course CAN Code [CB14]:  *N/A*
      j. Course Prior to College Level [CB21]:  Y = Not Applicable
      k. Course Noncredit Category [CB22]:  Y - Not Applicable
      l. Funding Agency Category [CB23]:  Y = Not Applicable
      m. Program Status [CB24]:  1 = Program Applicable
   Name of Approved Program *(if program-applicable)*:  KINESIOLOGY

*Attach listings of Degree and/or Certificate Programs showing this course as a required or a restricted elective.)*

23. Enrollment - Estimate Enrollment
    First Year:  0
    Third Year:  0

24. Resources - Faculty - Discipline and Other Qualifications:
    a. Sufficient Faculty Resources:  Yes
    b. If No, list number of FTE needed to offer this course:  *N/A*

25. Additional Equipment and/or Supplies Needed and Source of Funding.
    *N/A*

26. Additional Construction or Modification of Existing Classroom Space Needed. *(Explain:)*
    *N/A*

27. FOR NEW OR SUBSTANTIALLY MODIFIED COURSES
    Library and/or Learning Resources Present in the Collection are Sufficient to Meet the Need of the Students Enrolled in the Course:  Yes

28. Originator  Wendy Ansley          Origination Date  10/13/14